

Course 6

Mental Health Policy and Economics

Prof. Martin Knapp

INTRODUCTION

What are mental health problems and what are their consequences? What contributions can economics make to their understanding? How can policy makers use economics tools and evidence to improve systems, services and lives?

OBJECTIVES

There are many and complex links between mental health and economics: economic experiences and events are risk factors for mental illness; mental health problems have substantial and durable economic consequences; policy makers seeking to promote mental health must be very aware of resource limitations, and seek efficient and equitable solutions. The course will address all of those links, drawing quite heavily on the latest research evidence in the context of today's policy developments.

PEDAGOGICAL METHOD

Lectures, seminar discussions, role play, group work.

ASSESSMENT PROCEDURE

Examination

COURSE CONTENT AND STRUCTURE

	Morning (from 9.00am to 11.00am and from 11.30am to 1.00pm)		Afternoon (from 2.00pm to 4.00pm)	
Teaching Days	Content	Method	Content	Method
Monday <i>(from 10.15 am)</i>	Introduction: What is mental health? What is economics? Efficiency and equity. Simple framework for mental health policy discussion	Lecture; discussion	Economic impacts of mental health problems – breadth, depth and durability (including childhood to adulthood; dementia projections)	Lecture : group work
Tuesday	Cost-effectiveness – principles, and mental health complications	Lecture; discussion; group work	Using cost-effectiveness evidence to inform policy and practice – some treatment stuff	Group work ; lecture
Wednesday	Hospitals and community care; early intervention for psychosis; crisis resolution; assertive outreach	Lecture : discussion	Prevention and promotion; happiness; suicide	Group work; lecture
Thursday	Employment and activity ; recession and debt	Lecture; role play	Financing; commissioning; choice and personalisation	Lecture; discussion
Friday	Stigma and discrimination; violence and crime; compulsion; implementation barriers	Lecture discussion	Exam	

CURRICULUM VITAE

Martin Knapp is Professor of Social Policy, and Director of the Personal Social Services Research Unit at the London School of Economics and Political Science in the UK. He is also Professor of Health Economics, and Director of the Centre for the Economics of Mental Health at King's College London, Institute of Psychiatry. Recently, he was appointed the inaugural Director of the NIHR School for Social Care Research in England. His programme of work is primarily focused on economic aspects of policy and practice in the mental health and social care areas. His most important publications are:

- Martin Knapp, David McDaid, Elias Mossialos and Graham Thornicroft, editors (2007) *Mental Health Policy and Practice across Europe*, Open University Press, Buckingham.
- Martin Knapp (2008) Health economics, in Michael Rutter, Dorothy Bishop, Daniel Pine, Stephen Scott, Jim Stevenson, Eric Taylor and Anita Thaper (editors) *Rutter's Child and Adolescent Psychiatry*, Fifth Edition, Blackwell Publishing, Oxford, pages 123-133.
- Martin Knapp, Michelle Funk, Claire Curran, Martin Prince, Margaret Gibbs and David McDaid (2006) Mental health in low- and middle-income countries: economic barriers to better practice and policy, *Health Policy and Planning*, 21, 157-170.

